

# PARENTAL GUIDANCE

Reproduced from EWGA guidelines

Parents have an important role to play in their child's membership and participation in golf and must take overall responsibility for their child's behaviour and conduct. The County has a duty of care towards children when they are involved in County activities or socialising.

It is expected that PGA Professionals, coaches, staff and volunteers will endeavour to develop trusting relationships with all junior members. However, as a parent, you should check that an action plan exists to ensure good practice in child protection.

Parents are encouraged to:

- ❖ Take an interest in their children's activity and progress and be supportive.
- ❖ Introduce themselves to the adults involved in the supervision of the Juniors, the Junior Organiser, PGA professional, coaches and the Golf Welfare Officer.
- ❖ Find out what the County has to offer regarding coaching sessions and junior competitions and any playing restrictions for children.
- ❖ Obtain any good practice guidance and Codes of Conduct for children from the County and go through them with their child.
- ❖ Be punctual when dropping off and picking up their children for and from coaching and competitions.
- ❖ Take an interest in whom their child is playing with and introduce themselves, if they are playing with an adult they do not know.
- ❖ When leaving their child make sure they have made the necessary provisions for their requirements and for the weather conditions.
- ❖ Ensure that the County has a contact number when parents are away from the event – a mobile would be preferable – and they should ensure that they leave their mobile switched on so that they can be contacted in an emergency.
- ❖ Ensure that all necessary contact numbers have been established.
- ❖ Advise the Golf Welfare Officer or Junior Organiser if their child has any particular needs (e.g. allergies, learning disabilities)
- ❖ Discuss any concerns regarding the organisation of activities or the behaviour of adults towards their children with the Golf Welfare Officer.
- ❖ Enquire if other adults and children who attend County events are happy and confident with the procedures in place and that they know what to do about concerns.

# BEDFORDSHIRE LADIES COUNTY GOLF ASSOCIATION



# JUNIOR GIRLS HANDBOOK 2011

[www.blcga.co.uk](http://www.blcga.co.uk)

## DUTY OF CARE

The Bedfordshire County Ladies Golf Association takes its Duty of Care towards young players **UNDER THE AGE OF 18** very seriously and it requires all those involved in the Bedfordshire County Ladies Golf Association to do likewise.

Not only should care and protection of young players be recognised on the course and at events but their well being off the course should also be ensured.

Whether it is by the event organiser, committee, coach, parent or guardian, responsibility must be taken for all **YOUNG PLAYERS** on and off the course during their time at Bedfordshire County Ladies Golf Association events and also responsibility must be taken for ensuring that all necessary travelling arrangements are made to and from events.

Young players need encouragement and we must all be mindful of this by offering positive, supportive comments to them and not negative criticism. If the event organisers, or committee members, decide that this directive is not being adhered to they are responsible for dealing with the situation which may result in the offending person being told to leave the course/clubhouse area.

If you have any concerns regarding Duty of Care they should be directed initially to the Event Organiser who may decide to refer to the **BEDFORDSHIRE LADIES COUNTY GOLF ASSOCIATION WELFARE OFFICER**: Heather Nolan on 01234 781747 or [nolanheather@tiscali.co.uk](mailto:nolanheather@tiscali.co.uk) who will decide what action to take. If you wish you may of course refer the matter to the Welfare Officer direct.

## BE PREPARED

Golf is an outdoor sport and can be played in all weather conditions for which you should be prepared. Below is a check list that every golfer needs.

### Important Information for your Parents:

- ❖ **Timing:** 18 holes of golf takes about 4 hours. Girls will generally play in 3 or 4 balls teeing off every 6-8 minutes. So if a competition starts at 12 and there are 30 girls playing, the last players will be finished around 5pm.
- ❖ **Dress Code:** Not all golf clubs allow shorts in the club house, and almost all clubs won't let you wear trainers, vest tops or tracksuits indoors. If you are unsure, please check the dress code with the club before you arrive.
- ❖ **Special Rules:** Always read the course notice board or competition information for any special rules for the day.

### What should you have in the bag?

#### **EVERY TIME YOU PLAY GOLF, REMEMBER TO TAKE YOUR CLUBS!!**

In your bag you should have:

- ❖ Enough Balls for your round
- ❖ Tee Pegs
- ❖ A Ball Marker
- ❖ A Pitch Mark Repairer
- ❖ Golf Glove
- ❖ A pencil and a scorecard to keep score (you will be able to get a scorecard from the pro shop before you go out)

### What else should you bring?

Don't forget to also bring:

- ❖ Golf Shoes as well as your ordinary shoes - you must always wear golf shoes on the course and ordinary shoes in the clubhouse.
- ❖ A spare pair of socks
- ❖ A change of clothes if you are eating afterwards
- ❖ Snacks to eat on the way round if you're likely to get hungry!

### In the winter you will also need:

- ❖ Lots of warm layers. It may not feel cold, but you are outside for a long time, and the temperature can change.
- ❖ Bring a woolly hat and some gloves as your head and hands will get the coldest.
- ❖ If it looks like it will rain, you will need waterproofs and an umbrella. If you wear glasses, a baseball cap or a visor is also very useful.

### In the summer you will also need:

- ❖ Sun block and a hat
- ❖ And remember to drink plenty of water. (not fizzy drinks)

## PARENTAL CONSENT FORM FOR JUNIOR COUNTY CHAMPIONSHIP

I hereby give consent for the person overleaf to take part in the BLCGA Junior County Championship at Beadlow Manor Golf Club on 10<sup>th</sup> July 2011.

Signed: (parent or guardian)	Print Name:	Date:
------------------------------	-------------	-------

# JUNIOR COUNTY CHAMPIONSHIP ENTRY FORM

## 10/07/2011 13.00, BEADLOW MANOR

The organisers of this junior event request that any person wishing to engage in any video, zoom, mobile phone or close range photography should register their details with the Organising Official prior to carrying out such photography. The Organising Official reserves the right of entry to the competition and reserves the right to decline entry to any person unable to meet or abide by the organisers conditions

## BEDFORDSHIRE LADIES COUNTY GOLF ASSOCIATION JUNIOR SECTION

# JUNIOR FUN COMPETITION

**26<sup>th</sup> June 2011 13.00-18.00**  
at  
**Bedfordshire Golf Club**

Entry Fee: £10.00 (subsidised by BLCGA)

**Format:**  
**8 holes singles Stableford, quiz and chipping competition**

**Conditions of Entry:**  
Open to all girls affiliated to BLCGA who are under **18** years of age on 01/01/2011 without a handicap or who have a handicap of 37 or above

**Organiser:**  
Mrs Victoria Walley  
13 Gatcombe  
Great Holm  
Milton Keynes  
Bucks MK8 9EA  
Tel. 01908 560146

Please complete, detach and return form to the above address with entry fee. (Cheques to BLCGA Juniors Section) by 27<sup>th</sup> May 2011. Please remember to complete the parental consent form on the reverse

**Please remember to bring a change of clothing for tea.**

Will all parents and supporters please observe the usual golf club dress code.



RETURN ENTRY FORM FOR JUNIOR FUN COMPETITION			
Name:	Handicap (if any)	Club:	
Mobile:	Address:		
Telephone:	Date of Birth:	Email:	

## PARENTAL CONSENT FORM FOR SUE PATERSON SALVER

I hereby give consent for the person overleaf to take part in the BLCGA Sue Paterson Salver at Leighton Buzzard Golf Club on 23<sup>rd</sup> October 2011.

Signed: (parent or guardian)	Print Name:	Date:
------------------------------	-------------	-------

## SUE PATERSON SALVER ENTRY FORM 23/10/2011 11.30, LEIGHTON BUZZARD

The organisers of this junior event request that any person wishing to engage in any video, zoom, mobile phone or close range photography should register their details with the Organising Official prior to carrying out such photography. The Organising Official reserves the right of entry to the competition and reserves the right to decline entry to any person unable to meet or abide by the organisers conditions

## BEDFORDSHIRE LADIES COUNTY GOLF ASSOCIATION JUNIOR SECTION

## PAST CAPTAINS' SALVER

8<sup>th</sup> May 2011  
at  
John O'Gaunt Golf Club 13.00  
Carthage Course

Entry Fee: £10.00 (subsidised by BLCGA)

**Format: 18 holes singles Stableford**

**Conditions of Entry:**

Handicap: Open handicap but must play off 36 maximum (handicap certificate must be produced before play)  
Open to all girls affiliated to BLCGA who are under **21** years of age on 01/01/2011

**Organiser:**

Steve Hillier  
38 Swansholme Gardens  
Sandy Beds  
SG19 1HL  
Tel: 01767 691023

Please complete, detach and return form to the above address with entry fee. (Cheques to BLCGA Juniors Section) by 8<sup>th</sup> April 2011. Please remember to complete the parental consent form on the reverse if Under 18 on 01/01/2011

**Please remember to bring a change of clothing for tea.**

Will all parents and supporters please observe the usual golf club dress code.



RETURN ENTRY FORM FOR PAST CAPTAINS' SALVER			
Name:	Handicap (if any)	Club:	
Mobile:	Address:		
Telephone:	Date of Birth:	Email:	

## PARENTAL CONSENT FORM FOR JUNIOR FUN COMPETITION

I hereby give consent for the person overleaf to take part in the BLCGA Junior Fun Competition at Bedfordshire Golf Club on 26<sup>th</sup> June 2011.

Signed: (parent or guardian)	Print Name:	Date:
------------------------------	-------------	-------

## JUNIOR FUN COMPETITION ENTRY FORM 26/06/2011, 13.00-18.00 BEDFORDSHIRE GOLF CLUB

The organisers of this junior event request that any person wishing to engage in any video, zoom, mobile phone or close range photography should register their details with the Organising Official prior to carrying out such photography. The Organising Official reserves the right of entry to the competition and reserves the right to decline entry to any person unable to meet or abide by the organisers conditions

### BEDFORDSHIRE LADIES COUNTY GOLF ASSOCIATION JUNIOR SECTION

## JUNIOR COUNTY CHAMPIONSHIP

10<sup>th</sup> July 2011  
at  
Beadlow Manor Golf Club 13.00

Entry Fee: £10.00 (subsidised by BLCGA)

**Format: 18 holes singles strokeplay.  
Gross and Nett competitions**

#### Conditions of Entry:

Handicap Up to 36 (handicap certificate must be produced before play). Open to all girls affiliated to BLCGA who are under 18 years of age on 01/01/2011

#### Organiser:

Steve Hillier  
38 Swansholme Gardens  
Sandy Beds  
SG19 1HL  
Tel: 01767 691023

Please complete, detach and return form to the above address with entry fee. (Cheques to BLCGA Juniors Section) by 10<sup>th</sup> June 2011. Please remember to complete the parental consent form on the reverse

**Please remember to bring a change of clothing for tea.**

Will all parents and supporters please observe the usual golf club dress code.



RETURN ENTRY FORM FOR JUNIOR COUNTY CHAMPIONSHIP			
Name:	Handicap (if any)	Club:	
Mobile:	Address:		
Telephone:	Date of Birth:	Email:	

**PARENTAL CONSENT FORM FOR PAST CAPTAINS' SALVER**

I hereby give consent for the person overleaf to take part in the BLCGA Past Captains' Salver at The Bedford Golf Club on 8<sup>th</sup> May 2011.

Signed: (parent or guardian)	Print Name:	Date:
------------------------------	-------------	-------

**PAST CAPTAINS' SALVER ENTRY FORM  
08/05/2011 13.00, JOHN O'GAUNT**

The organisers of this junior event request that any person wishing to engage in any video, zoom, mobile phone or close range photography should register their details with the Organising Official prior to carrying out such photography. The Organising Official reserves the right of entry to the competition and reserves the right to decline entry to any person unable to meet or abide by the organisers conditions

**BEDFORDSHIRE LADIES  
COUNTY GOLF ASSOCIATION  
JUNIOR SECTION**

**SUE  
PATERSON  
SALVER**

**23<sup>rd</sup> October 2011  
at  
Leighton Buzzard Golf Club 11.30**

Entry Fee: Please enter in pairs.  
£20 per team (subsidised by BLCGA)

**Format: 18 holes foursomes stableford**

**Conditions of Entry:**

Handicap Up to 40 (handicap certificates must be produced before play). Open to all girls affiliated to BLCGA who are under **18** years of age on 01/01/2011 playing with an adult also affiliated to BLCGA. One player must be in silver division and one in bronze.

**Organiser:**

Mrs Gill Ladd  
69 Leighton Road  
Toddington Beds  
LU5 6AL  
Tel: 01525 873326

Please complete, detach and return form to the above address with entry fee. (Cheques to BLCGA Juniors Section) by 23<sup>rd</sup> September 2011. Please remember to complete the parental consent form on the reverse

**Please remember to bring a change of clothing for tea.**

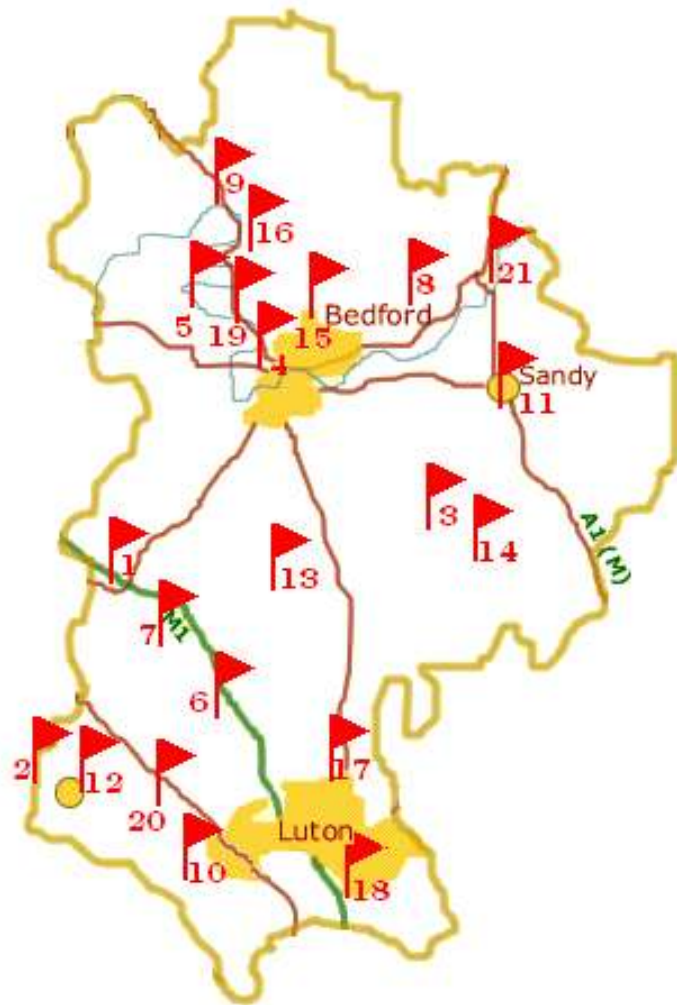
Will all parents and supporters please observe the usual golf club dress code.



**If you are unable to find a partner, please contact Sue Paterson or any member of the BLCGA Junior Committee**

RETURN ENTRY FORM FOR SUE PATERSON SALVER			
Name:	Handicap	Club:	
Mobile:	Address:		
Telephone:	DOB:	Email:	
Lady Partner:	Handicap	Club:	
Mobile:	Address:		
Telephone:	Email:		

## BEDFORDSHIRE CLUBS



## TROPHY WINNERS 2010

### 2010 County Girls Champion:



Sophie Hillier, from John O'Gaunt, won the Championship in July and is the 2011 Bedfordshire Junior Captain. Sophie is currently studying 'A' levels at Bedford Modern School and has also been sponsored by the English Golf Union to complete a two year Advanced Apprenticeship in Sports Excellence

Trophy	Winner	
County Girls Champion	SOPHIE HILLIER	John O'Gaunt
County Girls Handicap Champion	BETHANY HEALEY	The Bedford
Sue Paterson Salver	ELENA TIZZARD & HEATHER NOLAN	Leighton Buzzard and Bedford & County
Past Lady Captains' Salver	FIONA COOPER	Bedford & County
Junior Fun Competition	FREYA DANIELS	Dunstable Downs

# HANDICAPS

## HOW TO GET A HANDICAP

The CONGU Handicapping Scheme allows golfers of all ages to obtain a handicap of up to 36 for ladies. This requires 3 cards over 18 holes to be submitted to your club. If you are ready to acquire a Handicap please contact your Ladies Captain or Club Junior Organiser for assistance.

The CONGU Handicapping Scheme requires the completion of 18 holes, and many children cannot achieve this although their golfing ability is progressing. The EGU / EWGA Handicapping Scheme allows juniors to obtain a handicap of up to 54 over 6 or 9 holes. This ensures that they and their junior organisers can measure their progress over time, even though they may not be able to complete 18 holes.

The Junior Handicap is not an official CONGU handicap, in that it will not allow holders to enter competitions as if they held a CONGU handicap, but it does allow juniors to compete against each other and encourages and motivates young players to improve.

## CUTTING YOUR HANDICAP

If you play below your handicap in competition (or an extra day card) do you know how to calculate your exact new handicap? First check the day's Competition Standard Scratch and then use the chart below to calculate how much to cut your handicap by:

Current Handicap Shots Below CSS	Category 1	Category 2	Category 3	Category 4	Category 5
	0 - 5	6 - 12	13 - 20	21 - 28	29 - 36
1	0.1	0.2	0.3	0.4	0.5
2	0.2	0.4	0.6	0.8	1.0
3	0.3	0.6	0.9	1.2	1.5
4	0.4	0.8	1.2	1.6	2.0
5	0.5	1.0	1.5	2.0	2.5
6	0.6	1.2	1.8	2.4	3.0
7	0.7	1.4	2.1	2.8	3.5
8	0.8	1.6	2.4	3.2	4.0
9	0.9	1.8	2.7	3.6	4.5
10	1.0	2.0	3.0	4.0	5.0

Note – when cutting several shots, you may have to do the calculation in 2 parts. For example, if you have an exact handicap of 5.8 and play 3 under CSS, after cutting 0.4, you move to category 1 and only cut 0.1 so your new handicap will be 5.3.

# COUNTY OFFICIALS

## BLCGA OFFICIALS 2011

County President	Mrs. Margaret Watchorn	01234 214997
County Vice President	Mrs Gill Smith	01462 812795
County Captain	Mrs Elaine Bruce	01525 751335
County Vice Captain	Miss Shelagh Cormack	01234 357548
County Junior Organiser	Mrs Maureen Dawson	01908 607418

## BLCGA JUNIORS COMMITTEE 2011

County Junior Organiser	Maureen Dawson	<a href="mailto:dawsonmaureen@googlemail.com">dawsonmaureen@googlemail.com</a>	01908 607418
Regional Training Officer	Linda Carruthers	<a href="mailto:lindacarruthers@englishwomensgolf.org">lindacarruthers@englishwomensgolf.org</a>	07545 021891
CGP Devt Officer	Steve Bigrave	<a href="mailto:stevebigrave@btinternet.com">stevebigrave@btinternet.com</a>	
Training	Gill Westgate	<a href="mailto:gill@westgateconsultancy.co.uk">gill@westgateconsultancy.co.uk</a>	01234 826543
	Sharon Allen	<a href="mailto:sallen@fsmail.net">sallen@fsmail.net</a>	01234 825910
Matches	Maureen Dawson	<a href="mailto:dawsonmaureen@googlemail.com">dawsonmaureen@googlemail.com</a>	01908 607418
Welfare & Press	Heather Nolan	<a href="mailto:nolanheather@tiscali.co.uk">nolanheather@tiscali.co.uk</a>	01234 781747
Hon. Secretary	Paula Foot	<a href="mailto:paula@chilternbrands.com">paula@chilternbrands.com</a>	01525 862758
Hon. Treasurer	Sharon Allen	<a href="mailto:sallen@fsmail.net">sallen@fsmail.net</a>	01234 825910

## Competitions

Championship	Steve Hillier	<a href="mailto:sghillier@tiscali.co.uk">sghillier@tiscali.co.uk</a>	01767 691023
Past Captains' Salver	Steve Hillier	<a href="mailto:sghillier@tiscali.co.uk">sghillier@tiscali.co.uk</a>	01767 691023
Lady/ Junior Foursomes	Gill Ladd	<a href="mailto:us@tedandgill.co.uk">us@tedandgill.co.uk</a>	01525 873326
Fun Competition	Victoria Walley	<a href="mailto:cwalley@waitrose.com">cwalley@waitrose.com</a>	01908 560146

## MY CLUB JUNIOR ORGANISERS

Use this space to record useful names and contacts from YOUR club

Position	Name	Email	Telephone
Ladies Captain			
Club Junior Organiser			
Handicap Secretary			

# BLCGA FIXTURES 2011

There are lots of competitions in 2011 for girls of all levels. Forms can be found in this booklet or use the website [www.blcga.co.uk](http://www.blcga.co.uk)

	DATE	EVENT	VENUE	TIME	FORMAT	HANDICAP ALLOWANCE	ENTRIES CLOSE
County Team Events	17 <sup>th</sup> April	Match v Hertfordshire	Dunstable Downs	13.00	Scratch Matchplay	By selection	N/A
	1 <sup>st</sup> May	Match v Cambs & Hunts	Mount Pleasant	13.00	Scratch Matchplay	By selection	N/A
	12 <sup>th</sup> June	Match v. Suffolk	Bury St. Edmunds	13.00	Scratch Matchplay	By selection	N/A
	7 <sup>th</sup> August	Match v Norfolk	Bedfordshire	13.00	Scratch Matchplay	By selection	N/A
	4 <sup>th</sup> September	Match v. Essex	West Essex	13.00	Scratch Matchplay	By selection	N/A
Individual Junior County, Regional and National Events	8 <sup>th</sup> May	Past Captains' Salver	John O'Gaunt	13.00	18 hole Stableford <b>Age limit 21</b>	Open handicap (play off maximum of 36)	8 <sup>th</sup> March
	*10 <sup>th</sup> May	BSGA Handicap Championship County Team H'cap C'Ship	Beadlow Manor	10.00	36 hole stableford	12-36 Team is best 2 from 3	tbc
	*14 <sup>th</sup> June	BSGA Beginners Southern Invitation	Stockwood Park GC Par 3	10.00	9 hole stableford	Up to age 13 & had some intro lessons. Clubs provided	
	*21 <sup>st</sup> June	BSGA Beginners Northern Invitation	Bedfordshire Par 3	10.00	9 hole stableford	Up to age 13 & had some intro lessons. Clubs provided	
	26 <sup>th</sup> June	Juniors Fun Competition	Bedfordshire	13.00-18.00	Fun Competition	Over 36 or No Handicap	27 <sup>th</sup> May
	*5 <sup>th</sup> July	BSGA Rookie Southern Championship	South Beds (Warden Hill)	13.30	9 hole	Up to age 13 with some experience or 36-54 h'cap	
	10 <sup>th</sup> July	Junior County Championships	Beadlow Manor	13.00	18 hole medal	Up to 36	10 <sup>th</sup> June
	*19 <sup>th</sup> July	BSGA Rookie Northern Championship	Mount Pleasant	13.30	9 hole	Up to age 13 with some experience or 36-54 h'cap	
	26 <sup>th</sup> – 28 <sup>th</sup> July	English Girls Championships	Ellesborough	All day	Championship (medal qualifying; scratch matchplay)	18.4	24 <sup>th</sup> June
	26 <sup>th</sup> – 28 <sup>th</sup> July	English Girls U13 and U15 Championships	Mentmore	All day	Championship	U13: 20.4 and under U15: 18.4 and under	25 <sup>th</sup> June
	24 <sup>th</sup> August	John O'Gaunt Girls Open	John O'Gaunt	All day	36 holes Medal Under 21 on day	Up to 36	6 <sup>th</sup> August
	15 <sup>th</sup> August	East Region Girls Championship	East Herts	All day	36 holes Medal	Up to 16	tbd
	10 <sup>th</sup> & 11 <sup>th</sup> September	East Region Champion of Champions	Northants	All day	36 holes Medal	By qualification	tbd
	*4 <sup>th</sup> October	BSGA County Schools Scratch Boys And Girls Championship	Bedford & County	10.00	18 holes medal	Up to 36	16th September
23 <sup>rd</sup> October	Sue Paterson Salver	Leighton Buzzard	11.30	Lady / Junior Foursomes Stableford	Up to 40	23 <sup>rd</sup> September	

• For further details on this event or other Schools events please contact Dave Sweetnam at [david.sweetnam@homecall.co.uk](mailto:david.sweetnam@homecall.co.uk) or 01525 237689

## CODE OF CONDUCT

This code of conduct has been designed to ensure that all young golfers have a point of reference providing the minimum standards expected when participating in golf activities organised by Bedfordshire Ladies County Golf Association. All young golfers should ensure they are fully conversant with the code at all times.

- ❖ Ensure that all golfers are able to participate in golf without fear of ridicule, harassment or restriction.
- ❖ Treat other golfers with the same respect and fairness you would like them to show you.
- ❖ Demonstrate fair play on and off the course. Respect the differences in gender, disability, culture, race, ethnicity, age, social orientation and religious beliefs between yourself and others.
- ❖ Challenge discrimination and prejudice.
- ❖ Look out for yourself and the welfare of others.
- ❖ Do not engage in any irresponsible, abusive, inappropriate or illegal behaviour.
- ❖ Challenge behaviour that falls below expected standards of the county.
- ❖ Speak out if you have concerns about anything, your own needs or the needs of others.
- ❖ Be organised and on time.
- ❖ You must not:
  - Consume alcohol or illegal and performance enhancing drugs.
  - Smoke
  - Use foul language

## COACHING PROGRAMME 2011

Coaching opportunities for 2010-2011 have been greatly enhanced by the introduction of the County Academy Programme (CAP). This is run through the Bedfordshire County Golf Partnership and provides 6 sessions of coaching to 100 boys and girls at three centre - Bedfordshire GC, Golfers Academy in Biggleswade and Stockwood Park GC. Coaching is delivered by some of Bedfordshire's top professionals and participants are generally at the improver level. This year over 30 girls applied for places and there are 24 girls in the Academy. Details about the Academy can be obtained from Steve Bigrave, the County golf development officer.

BLCGA supports coaching for Elite juniors who train with the ladies county squad at the Golfers Academy in Biggleswade. Sessions include monthly practical sessions as well as off-course game improvement seminars.

BLCGA also supports coaching for younger girls (aged up to 11) through the Elite Passport programme at Bedfordshire GC. This is a structured set of lessons over the summer months that covers all aspects of the game.

BLCGA participates in the Eastern region county matches and this year we will have a squad of 18-20 from which girls are selected to represent their county at five matches in first and second teams.

If you are aged under 18 on 1st Jan 2012 and are keen to be included in county coaching, please contact Gill Westgate at [gillw2@me.com](mailto:gillw2@me.com)

## BEDFORDSHIRE CLUBS

There are 21 clubs affiliated to the Bedfordshire Ladies County Golf Association with over 1300 lady members.

CLUB DETAILS		
	Club	Telephone
1	Aspley Guise & Woburn Sands	01908 583596
2	Aylesbury Vale	01525 240196
3	Beadlow Manor	01525 860666
4	Bedford & County	01234 352617
5	Bedfordshire	01234 822555
6	Caddington	01582 415573
7	Chalgrave Manor	01525 876556
8	Colmworth and North Beds	01234 378181
9	Colworth	01234 222076
10	Dunstable Downs	01582 604472
11	John O' Gaunt	01767 260360
12	Leighton Buzzard	01525 244815
13	Millbrook	01525 840252
14	Mount Pleasant	01462 850999
15	Mowsbury	01234 771493
16	Pavenham Park	01234 822202
17	South Beds	01582 591500
18	Stockwood Park	01582 413704
19	The Bedford	01234 320022
20	Tilsworth	01525 210721
21	Wyboston Lakes	01480 223004

